



Early Learning Matters

Because parents are their children's first, best teachers.

12-18 months	
Physical Development: Sensory	Begins relating to other children Explores books /pictures independently Explores new textures, shapes and materials within the environment Scribbles with different media
Physical Development: Health and Physical Well-Being	Develops self-help skills Feeds self Helps undressing self
Physical Development: Large muscle	Balance & coordination Control over arms & legs Walks independently
Physical Development: Small muscle	Eye/hand coordination, Scribbles Feeds self Helps dress self Explores books
Emotional Development: Attachment	Self help skills – self feed help with dressing Security w/ familiar adults Begins relating to other children Has an awareness of other children's feelings Begins simple social play Imitate adults – like to help (routine behaviors) Starts to use simple words to express emotions(i.e. "sad", "happy", "mad")
Emotional Development: Sense of self	Points to body parts when named Engages in pretend play Looks at self in mirror
Emotional Development: Mutual and Self Regulation	Starts to understand rules and routines
Emotional Development: Emotions of self and others	Demonstrates awareness of other children's feelings
Social Development: Social Interaction with adults & peers	Security w/familiar adults Begins relating to other children Displays an awareness of other children's feelings Begins simple social play Imitates play
Communication & Language: Listening & Understanding	Security w/ familiar adults Begins relating to other children Awareness of other children's feelings Begins simple social play Imitates adults – likes to help Explores books /pictures independently
Communication & Language: Early Literacy	Begins to develop gross motor skills Demonstrates balance & coordination Controls of movement arms & legs Explores books /pictures independently Scribbles
Thinking Skills & Cognitive Development:	See <i>Physical Development: Sensory Learning</i>

