<table>
<thead>
<tr>
<th>4-5 years</th>
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| **Physical Development: Sensory** | sensory learning becomes integrated in all areas of development for children of these ages  
*Demonstrates an increasing awareness of complex sensory inputs and uses more complex language to describe them. (for example bitter, sour, salty)  
Recognizes increased detail in objects and pictures |
| **Physical Development: Health and Physical Well-Being** | Brushes teeth independently  
Blows nose independently  
Selects appropriate clothing for weather  
Participates in group physical games & actions |
| **Physical Development: Large muscle** | Skips  
Gallops with either leg  
Kicks ball with accuracy  
Rides bike with training wheels  
*Moves forward and backward with agility  
Throws overhead |
| **Physical Development: Small muscle** | *Uses an instrument in time w/rhythm  
Puts together a 10-12 piece puzzle  
*Holds pencil properly (tripod hold)  
*Draws their own name & familiar words  
Takes care of most dressing and bodily needs independently  
*Starts to add details to pictures  
Uses all utensils to eat |
| **Emotional Development: Attachment** | *Manages emotions appropriately  
Understands and makes choices  
Takes care of most dressing and body needs independently  
Informs adults of change in routine and when rules are broken  
*Focuses on a task for at least five minutes persisting through problems and distractions  
*Makes peer friends  
*Demonstrates an aware of cause and effect  
*Demonstrates cooperation and team work  
Takes on other’s point of view (ex. Aubrey likes fairies so Elaina likes fairies) |
| **Emotional Development: Sense of self** | Focuses on a task for at least 10 - 15 minutes  
Persists through problems & distractions |
| **Emotional Development: Mutual and Self Regulation** | Manages emotions appropriately  
Understands & makes choices  
Informs adults of change in routine  
Stays on task for 5 minutes even with distractions |
| Emotional Development: Emotions of self and others | Manages emotions appropriately  
| Shows kindness and empathy |
| Social Development: Social Interaction with adults & peers | Self confident and cooperative  
| Shows kindness and empathy |
| Communication & Language: Listening & Understanding | *Uses correct grammar most of the time  
| Asks and answers who, what, where, when questions |
| Communication & Language: Early Literacy | *Reads environmental signs  
| Makes up own stories to go w/ pictures  
| Starts to exhibit reading/writing conventions  
| *Sings ABC song  
| Uses inventive spelling  
| Uses prepositions and opposites  
| Recites 5 – 10 rhymes  
| *Draws their own name and familiar words  
| Tells a story including beginning, middle & end  
| *Identifies picture rhymes  
| Uses correct grammar most of the time  
| Becomes interested in reading  
| Asks for definitions & can define common words |
| Thinking Skills & Cognitive Development: | Follows multi-step directions  
| Focuses on a task for 5 minutes, persisting through problems and distraction  
| Aware of cause & effect  
| Inform adults of change in routine  
| Understand & makes choices  
| Name & locate basic body parts  
| Answers who, what, where, when questions  
| Puts together 10-12 piece puzzle  
| Makes an A/B pattern |
| Mathematics & Numeracy | *Counts to 12  
| *Independently sorts objects by attributes  
| *Understands the concepts of same, different, equal  
| *Creates an A/B pattern  
| *Draws squares & triangles  
| *Demonstrates understanding positional words: above, below, between, next to, far, near, in front of  
| *Uses appropriate language to discuss measurement: near, far, light (weight) |
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Early Learning Matters

Because parents are their children's first, best teachers.