



Early Learning Matters

Because parents are their children's first, best teachers.

4-5 years	
Physical Development: Sensory	<p>sensory learning becomes integrated in all areas of development for children of these ages</p> <p>*Demonstrates an increasing awareness of complex sensory inputs and uses more complex language to describe them. (for example bitter, sour, salty)</p> <p><u>Recognizes increased detail in objects and pictures</u></p>
Physical Development: Health and Physical Well-Being	<p>Brushes teeth independently</p> <p>Blows nose independently</p> <p>Selects appropriate clothing for weather</p> <p><u>Participates in group physical games & actions</u></p>
Physical Development: Large muscle	<p>Skips</p> <p>Gallops with either leg</p> <p>Kicks ball with accuracy</p> <p>Rides bike with training wheels</p> <p>*Moves forward and backward with agility</p> <p>Throws overhead</p>
Physical Development: Small muscle	<p>*Uses an instrument in time w/rhythm</p> <p>Puts together a 10-12 piece puzzle</p> <p>*Holds pencil properly (tripod hold)</p> <p>*Draws their own name & familiar words</p> <p>Takes care of most dressing and bodily needs independently</p> <p>*Starts to add details to pictures</p> <p>Uses all utensils to eat</p>
Emotional Development: Attachment	<p>*Manages emotions appropriately</p> <p><u>Understands and makes choices</u></p> <p>Takes care of most dressing and body needs independently</p> <p>Informs adults of change in routine and when rules are broken</p> <p>*Focuses on a task for at least five minutes persisting through problems and distractions</p> <p>*Makes peer friends</p> <p>*Demonstrates an aware of cause and effect</p> <p>*Demonstrates cooperation and team work</p> <p>Takes on other's point of view (ex. Aubrey likes fairies so Elaina likes fairies)</p>
Emotional Development: Sense of self	<p>Focuses on a task for at least 10 - 15 minutes</p> <p>Persists through problems & distractions</p>
Emotional Development: Mutual and Self Regulation	<p>Manages emotions appropriately</p> <p>Understands & makes choices</p> <p>Informs adults of change in routine</p> <p>Stays on task for 5 minutes even with distractions</p>





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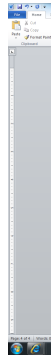
Emotional Development: Emotions of self and others	Manages emotions appropriately <u>Shows kindness and empathy</u>
Social Development: Social Interaction with adults & peers	Self confident and cooperative Shows kindness and empathy
Communication & Language: Listening & Understanding	*Uses correct grammar most of the time <u>Asks and answers who, what, where, when questions</u>
Communication & Language: Early Literacy	*Reads environmental signs <u>Makes up own stories to go w/ pictures</u> Starts to exhibit reading/writing conventions *Sings ABC song Uses inventive spelling Uses prepositions and opposites <u>Recites 5 – 10 rhymes</u> *Draws their own name and familiar words Tells a story including beginning, middle & end *Identifies picture rhymes Uses correct grammar most of the time <u>Becomes interested in reading</u> Asks for definitions & can define common words
Thinking Skills & Cognitive Development:	Follows multi-step directions Focuses on a task for 5 minutes, persisting through problems and distraction Aware of cause & effect Inform adults of change in routine Understand & makes choices Name & locate basic body parts Answers who, what, where, when questions Puts together 10-12 piece puzzle Makes an A/B pattern
Mathematics & Numeracy	*Counts to 12 *Independently sorts objects by attributes *Understands the concepts of same, different, equal *Creates an A/B pattern *Draws squares & triangles *Demonstrates understanding positional words: above, below, between, next to, far, near, in front of *Uses appropriate language to discuss measurement: near, far, light (weight)





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