



Early Learning Matters

S.

7-12 months	
Physical Development: Sensory	Shows curiosity by exploring senses Repeats actions (clapping – bye-bye, peek-a-boo) Exhibits stranger anxiety Explores – banging/shaking Begins to eat soft food and react to taste, scent and texture.
Physical Development: Health and Physical Well-Being	Self-soothing, redirect from unsafe behaviors
Physical Development: Large muscle	Sits independently Creeping to crawling Stands & bounces Banging and shaking Responds physically to music
Physical Development: Small muscle	Shaking & banging Repeats motions (clapping, bye-bye) Uses fingers to grasp object (hand to hand) Puts object into a container and takes them out
Emotional Development: Attachment	Stranger anxiety Parallel aware play
Emotional Development: Sense of self	Displays curiosity by exploring senses Shows likes and dislikes
Emotional Development: Mutual and Self Regulation	Looks to a familiar adult when trying to judge a situation
Emotional Development: Emotions of self and others	Exhibits stranger anxiety
Social Development: Social Interaction with adults & peers	Lifts arms to be picked up Repeats actions (Bye-bye, peek-a-boo) Says familiar words (mama, dada) Stranger anxiety Parallel aware play
Communication & Language: Listening & Understanding	Repeats actions (clapping – bye-bye, peek-a-boo) Starts saying familiar words – mama, dada Stranger anxiety Responds to familiar vocabulary
Communication & Language: Early Literacy	Starts saying familiar words – mama, dada Starts to use fingers to grasp objects Responds to familiar vocabulary
Thinking Skills & Cognitive Development:	See <i>Physical Development: Sensory Learning</i>

