ELM Pamphlets

*Choosing Childcare*

*Communication*

*Exercise*

*Family Time*

*Food for Your Baby’s First Year*

*Managing Anger*

*Nutrition*

*Positive Discipline*

*Safety*

*Self-Esteem*

*Separation*

*Sleep*

*Staying Healthy*

*Stress*

*Too Ill to Go to Childcare*

*When a Child Bites*